

# 690

students served

8/2022



My Future-My Choice is a comprehensive, medically accurate, inclusive and trauma informed sexuality education curriculum. It promotes abstinence and is offered in seventh-grade health classes throughout Klamath County. In the 2021-22 school year, three educators were trained to teach the curriculum and seven schools participated.

It meets the sixth-grade requirements of Oregon's Health Education Standards, including Erin's Law and House Bill 2509 to provide age-appropriate sexuality education as an integral part of the health education curriculum.

This education aims to provide middle school students with tools to have healthy relationships that includes setting and respecting personal boundaries and treating each other with respect and dignity. My Future-My Choice offers skills to resist peer and social pressure including messages from the media and teaches students how to prevent sexually transmitted infections and pregnancy.

My Future-My Choice promotes Positive Youth Development (PYD), a strategy that helps ensure youth voices are heard in decisions that impact them. It also helps engage young people as resources to adults and their community. Engaging them on this level can lead to improvements in areas of academic success; school and community connectedness; self-confidence; employability; social development skills; physical and mental health; and an overall sense of well-being.

Klamath County Public Health | Fiscal year 2021-22

# My Future-My Choice