DHS
Oregon Department of Human Services

MENU FOR THE WEEK OF _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST							
LUNCH							
DINNER							

SNACKS AVAILABLE THIS WEEK INCLUDE: _____

TIPS: Offer nutritious snacks and liquids as meal supplements at least twice daily; indicate when you serve FRESH fruits & vegetables; document substitutions.

Suggested Form - SDS 0306 (9/08)